



Academy of Peer Services
Virtual Community News Digest

July 13, 2017

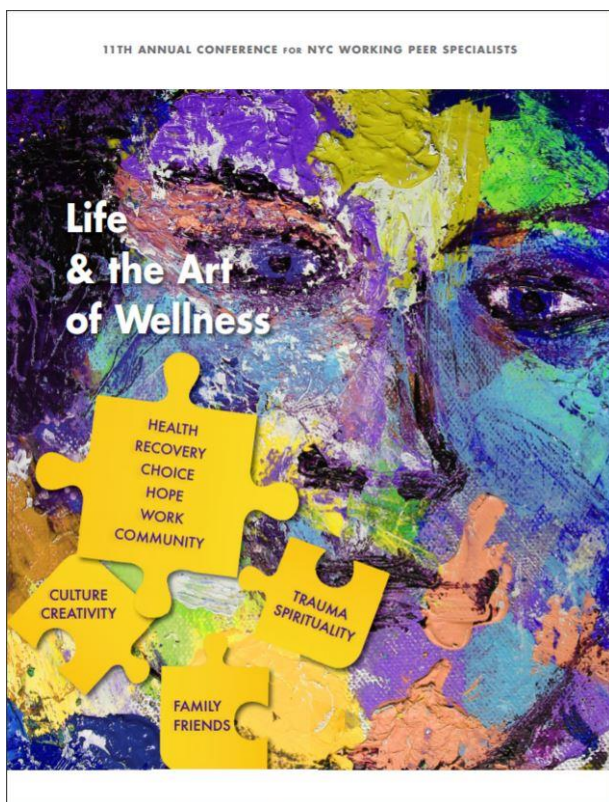
A news digest of the Academy of Peer Services Virtual Community.

<https://aps-community.org>

Welcome to the Virtual Community News Digest, a weekly summary of events, research opportunities, jobs, and other announcements for the peer workforce in New York State.

For more information about the Academy of Peer Services or view the full **Course Catalog** visit:
www.academyofpeerservices.org

Conference Attendees – Give a Shout Out to Your Favorite Speakers/Organizers!



**Did you attend the 11th Annual
NYC Peer Specialist Conference?**

What was the most memorable
moment for you?

What would you like to share with the
rest of the peer community about
what you gained?

Send us an email with your
reflections:

academy.virtual.community@gmail.com

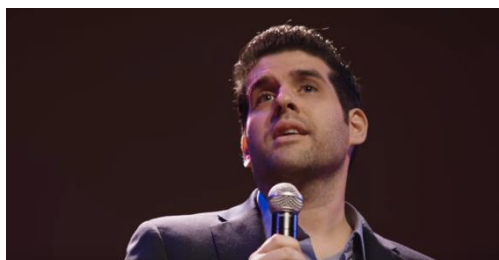
We'll include your comments in the next
Virtual News Digest.

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Blog Post (new feature)

This is a new feature is reserved for recent posts to our blog site by guest bloggers or peer reviews of peer support resources. Watch our Virtual Community Blog Site for items of interest.



In this edition of the Blog Post, we have an excerpt from a recent TEDx Talk by Dan Bernstein.

[How to talk about mental health without offending everyone.](#) Dan Bernstein (2017)

When we ask questions instead of making assumptions, then we make room for the other story. Now making room for the other story also means that we have to replace our paternalism with respect for people's choices, whether you are a mental health professional or a person living with a mental health condition or a supporter, or all of the above.

We all have our own answers when it comes to mental health and too often we spend our time telling people our answers instead of trying to learn from theirs. We tell people what we believe is the right treatment or the right resource because we're trying to help, but we forget that even the experts debate everything from diagnosis to treatment. There are no perfect answers in mental health that work for everybody and without those universal answers what we're left with are personal choices.

Blog Post - Bernstein Excerpt (Continued next page)

We have to learn to embrace the fact that there are all these choices, and respect the choices that people make. That means we have to say things like, “I know this is your choice. Can you help me understand what's important to you when you're making that choice?” or, “You're making a different choice than I would. Can you help me understand why this is the right choice for you?” When we frame our conversations as discussions about people's personal choices, then we empower people. We make room for their story.

In making room for the other story we have to face the stigma head-on. We have to acknowledge that some people do have negative attitudes about mental health and this makes it hard for us to have conversations about it. When I train managers to talk to employees about mental health, we can't pretend that it is an easy or simple thing for those employees to go to their human resources department and tell them that they have a mental health need, or to use their Employee Assistance Plan to access short-term therapy. The scary reality is that it can be hard to disclose a mental health condition and people get worried that their boss or their coworker might see them differently. We can't afford to dismiss the stigma or ignore the fact that it exists. When we make room for the fact that there really is the stigma, and we're making room for the stories of people working to overcome that stigma, everyone has a story when it comes to mental health.

Editor Note: Dan Berstein will be holding a 5-Day Training in New York City this August.



The Dispute Resolution in Mental Health (DRMH) Initiative

**5 Day Training: August 9, 10, 14, 15, 16
John Jay College (59th and 10th)**

The 5-Day Basic Mediation training will include lecture, discussion, and role play exercises that help participants learn conflict resolution skills. The program includes

discussion of different alternative dispute resolution (ADR) processes, the nature of conflict, the values of mediation, the mediation process, mediation skills, the role of the mediator and other parties, the identification and management of power imbalances, the identification and management of diverse perspectives and possible bias, and ethical issues. This training also covers specific case examples relevant to the peer specialist community.

Click here for a flyer:

https://virtualcommunityblog.files.wordpress.com/2016/07/071317_drmh-flyer-mediation-skills-training-for-peer-specialists-1.pdf

Upcoming Events (listed chronologically)

----- Philadelphia -----

July 24 & 25, 2017



**2017 Summer Institute on
Community Inclusion**

THE STATE OF THE SCIENCE: WHAT DO WE KNOW? WHERE DO WE GO?

Click below for details

[Temple University Collaborative
on Community Inclusion Summer Institute](#)

----- National Conference -----

August 16-18, 2017

Boston, MA



Boston University, Boston, MA

([Click here for details](#))

----- National Conference -----

August 18-21, 2017

Boston, MA

Alternatives Conference 2017



([Click here to learn more](#))

----- National Conference -----



NARPA's 2017 Annual Rights Conference

Holiday Inn by the Bay, Portland, ME

September 6 - 9, 2017

September 6-9, 2017

Portland, ME

([Click here for details](#))

--- NYAPRS 35th Annual Conference -----
Stand Up for Recovery



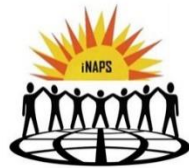
September 13-15, 2017

**Hudson Valley Resort & Spa
Kerhonkson, NY**

- [Scholarship Application](#)
- [Sponsor & Exhibitor Prospectus](#)

([Click here to register](#))

----- National Conference -----



**International Association of Peer Supporters (iNAPS)
11th Annual Conference
October 16-18
Phoenix, Arizona**

International Association of Peer Supporters (continued)

Early bird registration extended to July 30.



New! Two new keynote presenters, International connections in overnight sessions, and a kickoff event for Global Peer Support Celebration Day

HOME	REGISTRATION	SPONSORS/EXHIBITORS	HOTEL/TRAVEL	PROGRAM										
<i>"Recovering & Sustaining Peer Support: Creating a Path for Our Future"</i>														
 Pat Deegan Keynote Monday					 Chacku Mathai Keynote Tuesday					 Sally Zinman Keynote Wednesday				

Phoenix, Arizona
October 16-18, 2017

([Click here for more](#))

----- Inaugural Peer Specialist Conference -----
October 26 & 27, 2017

Leadership, Values, Integrity...

Hosted by the New York Peer Specialist Certification Board
White Plains, New York

NY PEER SPECIALISTS

SAVE THE DATE!

The New York Peer Specialist Certification Board
Inaugural New York Peer Specialist Conference
Crowne Plaza Hotel, White Plains

Leadership, Values, Integrity...
October 26 & 27, 2017

October 26th Celebration of Peer Support @ 5 pm-10 pm
October 27th Full Day Conference @ 9 am-5:30 pm

Registration, Agenda and Hotel Accommodation info coming soon
Early Bird Discounted Registration and Scholarship application will be available in May, 2017
Sponsorship and Exhibit opportunities are available!
Please visit www.NYPSCB.org
or email info@nypeerspecialist.org

Office of Mental Health

The New York Peer Specialist Certification Board is funded by the New York State Office of Mental Health.

ACADEMY OF PEER SERVICES
Conference Partner

([Click here for more](#))

Online Resources

Looking for state by state certification information?

Use this database to look up state by state requirements for becoming a Certified Peer Specialist.



[Click to access the Peer Database or provide updates](#)

BE THERE PEER SUPPORT PROGRAM

24x7 peer support to active duty, national guard, reserve components, veterans and spouses



Be There Peer Assistance Line: (844) 357-7337

<https://www.betherepeersupport.org>

<https://www.Twitter.com/DoDPeerSupport>

<https://www.facebook.com/BeTherePeerSupport>



<http://livethroughthis.org/>

Live through This – Portraits of Attempt Survivors

Featured on the CBS Evening News (June 28, 2017)

<http://www.cbsnews.com/news/photographer-celebrates-life-and-second-chances>

Guidebook for Peer Respite Self-Evaluation: Practical Steps and Tools

Live & Learn, in partnership with Human Services Research Institute, is pleased to share the new [Guidebook for Peer Respite Self-Evaluation: Practical Steps and Tools](#). This tool is intended to be used to document program operations and outcomes and to build evidence for the efficacy of peer respites. It is intended for use by peer respite program staff, managers, and administrators. The Guidebook is available at PeerRespite.net/Toolkit or navigate to "Evaluation Tools" from the homepage. To request limited complimentary technical assistance on evaluation, please see the [TA page](#).



Job Listings

Click the job title for a description of the job.

Columbia-Greene Counties

[Home and Community Based Services \(HCBS\) Worker](#)

*Mental Health Association of Columbia and Green Counties
(Posted on July 13, 2017)*

Oneida (Syracuse)

[Peer Specialist – Pathways Wellness Center](#)

Liberty Resources
(Posted on July 13, 2017)

New York City

[Peer Navigator](#)

Housing Works, Inc.
(Posted on July 12, 2017)

New York City

[Peer Specialist /](#)

[NYC Supported Transition and Recovery Team \(NYCSTART\)](#)

Job ID# 292978
Dept. of Health/Mental Hygiene
(Posted on July 12, 2017)

Long Island

[Multiple Peer Positions \(full and part-time\)](#)

[Federation of Organizations](#)

(Posted on July 6, 2017)

Syracuse

[Peer Specialist - Health Home Supportive Housing](#)

On-site community-based services
Liberty Resources
(Posted on June 28, 2017)

Multiple Locations in New York State
Outreach Specialist / Division: Peer Services
Part-Time, 15 hours per week, Non-Exempt
Pay Rate: \$15 per hour
New York Association of Alcoholism
& Substance Abuse Providers, Inc.

(Posted on June 20, 2017)

New York City (multiple openings)
Part-time Peer Community Mental Health Worker
14-hours per week through December (4 positions)
Part-Time Peer Community Mental Health Worker- Supervisor
30 hours per week through December
Friendship Benches Program Manager
1 year position
The Fund for Public Health in New York City
(Posted June 17, 2017)

WANTED – WEBINAR PRESENTERS (National Search)

Share Your Ideas, Programs, Talents: Present a Webinar for the
Doors to Wellbeing Peer Specialist Monthly Webinar Series!



Webinar Presenters Wanted:

Doors to Wellbeing conducts monthly webinar series dedicated to bringing ideas, topics and methods to improve the work of peer specialists. We are looking for new, exciting and innovative presenters for our monthly Peer Specialist Webinar Series. This is a great way to reach the peer community.

If you have never presented a webinar - we can provide technical assistance.

Just click here and fill out this short info form.*

[Click Here](#)

Reminder – SAVE THE DATES

<p style="text-align: center;">---- NYAPRS ----</p> <p style="text-align: center;">September 13-15, 2017</p> <p style="text-align: center;">35th Annual Conference: Stand Up for Recovery</p> <div data-bbox="300 520 711 1050"><p>The poster for the NYAPRS 35th Annual Conference includes a 'Call for Presentations' section with details on submission, a list of featured speakers, and a 'Stand Up for Recovery!' message. It also features a photo of a group of people and the website www.nyaprs.org.</p></div> <p style="text-align: center;">Hudson Valley Resort & Conference Center Kerhonkson, NY (Register)</p>	<p style="text-align: center;">---- White Plains ----</p> <p style="text-align: center;">October 27-28, 2017</p> <p style="text-align: center;">New York Peer Specialist Conference Leadership, Values, Integrity...</p> <div data-bbox="925 535 1307 1039"><p>The poster for the New York Peer Specialist Conference features a blue background with a sunburst design. It includes the text 'SAVE THE DATE!', 'Inaugural New York Peer Specialist Conference', and 'Leadership, Values, Integrity...'. It also lists the dates, location, and contact information.</p></div> <p style="text-align: center;">Crown Plaza Hotel, White Plains (Click for more) Hosted by the New York Peer Specialists Certification Board</p>
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This digest is available on the [Virtual Community](#), a project of the Academy of Peer Services.

Feel free to share this file!

If you have job openings, resources, or announcements of events to share, send email to academy.virtualcommunity@gmail.com.

Visit the Academy Virtual Community to learn more
<https://aps-community.org>

