## NYC Peer and Community Health Worker Workforce Consortium Webinar 2: Supporting Financial Wellness

## June 14, 2019 | 12:00 – 1:15 pm

with Oscar Jiménez-Solomon



In this webinar, you will learn ways in which you can support someone to increase wellness in the five domains of financial wellness. The webinar will include stories of people who are gaining or regaining wellness in this essential area of life. After this webinar, you will be able to:

- Recognize why poverty and economic exclusion matter to recovery
- Define the five domains and key components of financial wellness
- Describe a process peer workers, recovery advocates, and community health workers can follow to support someone in increasing or enhancing financial wellness
- Locate resources that can be helpful to anyone seeking financial wellness

## Oscar Jiménez-Solomon



Oscar Jiménez-Solomon is a mental health researcher and advocate. He has dedicated his career to improving the financial wellness of people with psychiatric disabilities and their access to recovery-oriented and culturally competent services through research, program development and policy advocacy. He obtained a Master of Public Health at Columbia University (2003) and a License in Sociology at the Pontifical Catholic University of

Peru (1997). Since 2013, Mr. Jiménez-Solomon has served as Research Scientist at the New York State Psychiatric Institute and Senior Staff Associate in the Department of Psychiatry, Columbia University Irving Medical Center, where he is conducting a study to develop a peer-supported economic empowerment intervention with the purpose of enhancing employment outcomes, reducing suicide risk, and improving overall psychosocial wellness.

## Register now and invite others

The webinar is free, but space is limited and registration is required. To register, click here.